



**UNIVERSITY OF CONNECTICUT
SCHOOL OF MEDICINE
DEPARTMENT OF PSYCHIATRY**

**CHILD AND ADOLESCENT PSYCHIATRY
FELLOWSHIP**

Director: Daniel F. Connor, M.D.

**MISSION STATEMENT OF THE DIVISION OF CHILD &
ADOLESCENT PSYCHIATRY WITHIN THE DEPARTMENT
OF PSYCHIATRY AT THE UNIVERSITY OF
CONNECTICUT HEALTH CENTER**

Using a collaborative multidisciplinary model, the Division of Child & Adolescent Psychiatry at the University of Connecticut Health Center seeks to provide empirically-based, culturally competent, and developmentally sensitive standards-of-care, facilitate greater knowledge through clinical, applied, and translational research, and attract and educate new pediatric mental health specialty students and trainees in the understanding, treatment, and prevention of early onset mental health disorders in children and adolescents, with a particular emphasis on those in the public sector.

Faculty:

Leighton Huey, M.D., Chairman, Department of Psychiatry

Daniel Connor, M.D., Division Director, Child and Adolescent Psychiatry

Geraldine Pearson, Ph.D., APRN, Assistant Training Director, Child and Adolescent Psychiatry Division; Director, HomeCare Program

David Albert, Ph.D., Clinical Psychology/Child Psychology; Clinical Director, UHP Outpatient Clinic

Margaret Briggs-Gown, Ph.D., Developmental Psychology/Child Psychopathology/Research in Developmental Psychopathology

Robert Cole, Ph.D., Social Welfare Policy

Julian Ford, Ph.D., Psychologist, Trauma/Research in Developmental Traumatic Stress

Pablo Goldberg, M.D., Child and Adolescent Psychiatry/ADHD Clinic

Josephine Hawke, Ph.D., Psychologist, Sociology/Behavioral Science Training/Research in Juvenile Justice Trauma, Substance Abuse

Yifrah Kaminer, M.D., M.B.A., Psychiatrist, Primary - Child and Adolescent Psychiatry; Secondary – Adolescent Substance Abuse/Research in Adolescent Substance Abuse

Patricia Leebens, M.D., Child and Adolescent Psychiatry

Beth Muller, A.P.R.N., C.S., Child/Adolescent Psychiatric-Mental Health Nursing/Pediatric Psychopharmacology

Charles Rich, M.D., Child and Adolescent Psychiatry

Susan Sampl, Ph.D., Psychologist, Primary – Psychotherapy

Secondary – Adolescents, Addictions, Family Therapy

Karen Steinberg, Ph.D., Psychologist, Clinical Psychology/Research in Mother-Infant Attachment

Elizabeth Taylor-Huey, L.C.S.W., Clinical Social Work

Clinical Training Sites:

- University of Connecticut Health Center, John Dempsey Hospital, Farmington, CT
- University of Connecticut School of Medicine, Department of Psychiatry, UHP Outpatient Clinic, Farmington, CT
- Riverview Hospital for Children and Youth, Middletown, CT
- State of Connecticut, Department of Corrections, Manson Youth Facility, Cheshire, CT
- University of Connecticut Health Center, HomeCare Program (in federally qualified health clinics throughout CT)
- Capital Region Education Council Polaris Center, East Hartford, CT
- Connecticut Children's Medical Center, Hartford, CT
- The Wheeler Clinic, Plainfield, CT

FOR FURTHER INFORMATION CONTACT:

Daniel F. Connor, M. D.
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Division Chief and Training Director
Child and Adolescent Psychiatry
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Child & Adolescent Psychiatry Schedule of Rotations

Year 1

6 months	6 months
Academics (Supervision, Grand Rounds, Didactic Seminars, Case Consultation) Institution 1 20%	
Inpatient Psychiatry Institution 2 70%	Outpatient Psychiatry and Consult Psychiatry Institution 1, 4, 5 50%
Outpatient Psychiatry Institution 1 10%	Forensics Institution 3, 10%
	Research Scholarly Experience Institution 1 10%
	Pediatric Neurology Institution 5 10%

Year 2

6 months	6 months			
Academics (Supervision, Grand Rounds, Didactic Seminars, Case Consultation) Institution 1 20%				
Outpatient Psychiatry Institution 1 20%				
Forensics Institution 1, 3 20%				
Pediatric Consultation/Liaison Institution 5 10%		School Consultation Institution 4 10%		
Addictions Institution 1 20%		Emergency Experience in Child & Adolescent Psychiatry Institution 2, 4, 5, 6 10%		
Forensics Institution 3, 2.5%	Normal Development Experience Institution 1 2.5%	Research/Scholarly Activity Experience Institution 1 2.5%	Administrative Psychiatry Experience Institution 1 2.5%	Elective Time 20%

Coursework:

Year I

01. Crash Course: "Orientation to Child and Adolescent Psychiatry at UCHC and The Essentials"

- a. Required for 1st year residents. Optional for 2nd year residents.
- b. Daniel Connor, MD, Sarah Merrill, APRN, Karen Steinberg, PhD, David Albert, PhD, Pablo Goldberg, MD, Julian Ford, PhD, UCHC Library Staff
- c. This is an introductory seminar for 1st year fellows to provide resources with essentials concerning legal and ethical issues, crisis interventions, interviewing and assessment, rating scales, formulation, treatment planning and research/library skills. A general orientation to the Child Residency including travel directions to the various training sites is taught.
- d. None
- e. 3 hours per week for 7 weeks

02. Development and Psychopathology (Year 1) and Consultation and Treatment Topics (Year 2)

- a. Required for 1st and 2nd year residents. This is a 2-year course.
- b. Richard Antonelli, MD, Geraldine Pearson, APRN, PhD, Margaret Briggs-Gowan, PhD, Karen Steinberg, PhD, UCHC Daycare Staff, Elizabeth Taylor-Huey, LCSW, Judy Ford, Daniel Connor, MD, David Albert, PhD, Julian Ford, PhD, Yifrah Kaminer, MD, Robert Cole, PhD, Leighton Huey, MD, Sarah Merrill, APRN, Pablo Goldberg, MD, Robert Trestman, PhD, MD
- c. This two year-long seminar taught by a variety of faculty introduces residents to important topics in normal preschool and child/adolescent development and teaches the domains of psychopathology seen in child and adolescent psychiatry. Also taught are forensic child and adolescent psychiatry.
- d. Social Work Interns, Psychology Interns, Nursing Students, Medical Students
- e. 1.5 hours per week for 88 weeks

03. Child and Adolescent Psychopharmacology Journal Club/Case Conference

- a. Required for 1st year and 2nd year residents. This is a 2-year course.

- b. Daniel Connor, MD, Pablo Goldberg, MD, Geraldine Pearson, APRN, PhD, Beth Muller, APRN
- c. The purpose of this two year-long seminar and case conference is to review standard of care in pediatric psychopharmacology
- d. Social Work Interns, Psychology Interns, Medical Students, Nursing Students
- e. 1.5 hours per week for 88 weeks

04. Psychotherapy Course

- a. Required for 1st and 2nd year residents. This is a 2-year course
- b. Susan Sample, PhD, Ronald Kadden, PhD, Julian Ford, PhD, David Albert, PhD, Geraldine Pearson, APRN, PhD, Beth Muller APRN, Yifrah Kaminer, MD, Daniel Connor, MD, Pablo Goldberg, MD, Elizabeth Taylor-Huey, LCSW, Patricia Leebens, MD
- c. The purpose of this two year-long seminar is to teach the standards of care including supportive psychotherapy, cognitive-behavioral therapy, group therapy, parent management behavioral training, play therapy, and psychodynamic therapy. Motivational interviewing for addictions will be taught.
- d. Social Work Interns, Psychology Interns, Medical Students, Nursing Students
- e. 1.5 hours per week for 88 weeks

05. Departmental Grand Rounds, University of Connecticut Health Center

- a. Required for PGY IV and PGY V
- b. University of Connecticut Faculty, Residents, Medical Students and Guest Lecturers (Regional and National)
- c. Case-based presentations, Lectures, from internal and external experts
- d. Medical students, residents from other departments, social work interns, psychology interns, RNs, APRNs,
- e. 1.5 hours per week for approximately 20 weeks.

06. Neurology Grand Rounds, Riverview Hospital

- a. Required for 1st year residents during their first six months of inpatient psychiatry at Riverview Hospital
- b. Pediatric Neurology from Connecticut Children's Medical Center
- c. Individual patient evaluation and case-based presentations
- d. Riverview Hospital Staff
- e. 1 hour per week for 26 weeks

07. Grand Rounds, Riverview Hospital

- a. Required for 1st year residents during their first six months
- b. Riverview Hospital, University of Connecticut Faculty, and Yale Faculty
- c. Lectures from local, national, and regional experts
- d. Riverview Hospital Staff
- f. Every other week for 26 weeks

08. Developmental Neurobiology Course

- a. Required for 1st and 2nd year residents
- b. Drs. Connor, Goldberg, Covault, Kranzler, Arias, Drazinic, Tanev, and Winokur
- c. The purpose of this didactic is to teach the developmental neurobiology of schizophrenia, bipolar disorder, depression, anxiety/fear, ADHD, neurological illness such as Huntington's Disease, and addictions. Co-taught between UCHC child division faculty and adult psychiatry faculty
- d. Social Work Interns, Psychology Interns, Nursing Students, Medical Students
- e. Every other week for 26 weeks.

09. Adolescent Addictions Course

- a. Required for 1st and 2nd year residents
- b. Drs. Kaminer, Connor, Hesselbrock, and faculty of the UCHC Alcohol Research Center
- c. The purpose of this didactic is to teach the standard of care in the screening, evaluation, and treatment of adolescent substance abuse and alcohol misuse, abuse, and tolerance. Alcohol, cannabis, opiates, cocaine and stimulants, LSD, inhalants, and other agents of abuse will be covered. Topics in assessing psychiatric comorbidity in teenagers presenting with alcohol and substance abuse will be taught.
- d. Social Work Interns, Psychology Interns, Nursing Students, Medical Students
- e. 8 weeks

10. Ongoing Individual Case Supervision

- a. Required for 1st and 2nd year residents
- b. Susan Sample, PhD, Ronald Kadden, PhD, Julian Ford, PhD, David Albert, PhD, Geraldine Pearson, APRN, PhD, Beth Muller APRN, Yifrah Kaminer, MD, Daniel

- Connor, MD, Pablo Goldberg, MD, Elizabeth Taylor-Huey, LCSW, Patricia Leebens, MD, Karen Steinberg, PhD
- Each child resident will have at least 2 hours/week of individual case supervision provided by Child Faculty. Individual case supervision attendance is mandatory and occurs in addition to the didactic seminar schedule.
 - None
 - Twice weekly for 2 years

Year II

01. Child Psychiatry Research Seminar

- Required for 2nd year residents, elective for others
- Yifrah Kaminer M.D., Julian Ford, Ph.D., Daniel F. Connor, M.D., and others as invited to speak
- Dr. Ford coordinates the research conference during which various members of the staff discuss their own research. Visiting Professors are scheduled at least twice a year. Residents may present their work.
- This conference is open to all staff and trainees.
- 1-1/2 hours monthly throughout the year.

02. Development and Psychopathology (Year 1) and Consultation and Treatment Topics (Year 2)

- Required for 1st and 2nd year residents. This is a 2-year course.
- Richard Antonelli, MD, Geraldine Pearson, APRN, PhD, Margaret Briggs-Gowan, PhD, Karen Steinberg, PhD, UCHC Daycare Staff, Elizabeth Taylor-Huey, LCSW, Judy Ford, Daniel Connor, MD, David Albert, PhD, Julian Ford, PhD, Yifrah Kaminer, MD, Robert Cole, PhD, Leighton Huey, MD, Sarah Merrill, APRN, Pablo Goldberg, MD, Robert Trestman, PhD, MD
- This two year-long seminar taught by a variety of faculty introduces residents to important topics in normal preschool and child/adolescent development and teaches the domains of psychopathology seen in child and adolescent psychiatry. Also taught are forensic child and adolescent psychiatry.
- Social Work Interns, Psychology Interns, Nursing Students, Medical Students
- 1.5 hours per week for 88 weeks

03. Child and Adolescent Psychopharmacology Journal Club/Case Conference

- Required for 1st year and 2nd year residents. This is a 2-year course.
- Daniel Connor, MD, Pablo Goldberg, MD, Geraldine Pearson, APRN, PhD, Beth Muller, APRN
- The purpose of this two year-long seminar and case conference is to review standard of care in pediatric psychopharmacology
- Social Work Interns, Psychology Interns, Medical Students, Nursing Students
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04. Psychotherapy Course

- Required for 1st and 2nd year residents. This is a 2-year course
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- The purpose of this two year-long seminar is to teach the standards of care including supportive psychotherapy, cognitive-behavioral therapy, group therapy, parent management behavioral training, play therapy, and psychodynamic therapy.
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- Social Work Interns, Psychology Interns, Nursing Students, Medical Students
- 8 weeks

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- Required for 1st and 2nd year residents
- Susan Sample, PhD, Ronald Kadden, PhD, Julian Ford, PhD, David Albert, PhD, Geraldine Pearson, APRN, PhD, Beth Muller APRN, Yifrah Kaminer, MD, Daniel Connor, MD, Pablo Goldberg, MD, Elizabeth Taylor-Huey, LCSW, Patricia Leebens, MD, Karen Steinberg, PhD
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